

# Hale on Wheels Cycling Club

WEBSITE: [www.haleonwheelsbikeclub.com](http://www.haleonwheelsbikeclub.com)



## Newsletter No. 27

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Secretary/Treasurer: Randy Kaufman

Editor: Ed Self

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January 30, 2013

### Special points of interest:

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on Feet
- \* Spring and Riding are  
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- \* 24 Hours in the  
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- \* Riding Goals
- \* New Book-Bicycle  
Texas

## **SPRING AND RIDING TIME ARE IN SIGHT**

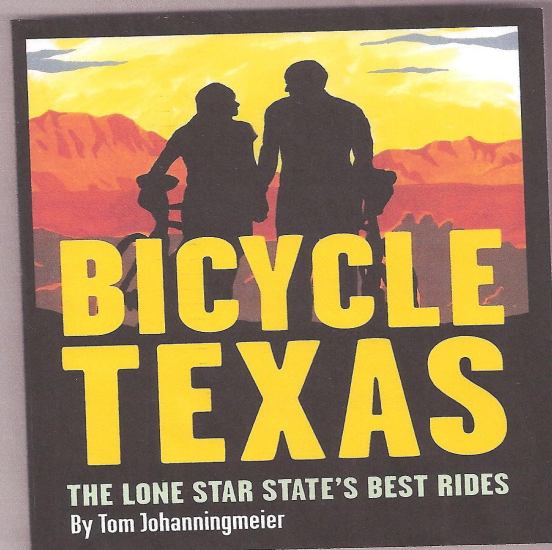
It won't be long now. Spring and riding time are in sight. The last two weekends were unseasonably warm and although this week is somewhat colder, it is only 4 1/2 weeks until March. While there has been some wind, you can easily ride with the wind and not worry about getting back if you have a SAG driver. So, it's not too early to at least think about some riding. Thanks to Mary Anna and Mitch, I got in 113.3 wind aided miles during the last two weekends. And it's not long until some tours in the area. Check out the upcoming tours Jeff has listed on the club website, e. g. the "Steam 'N Wheels" race and ride in Abilene is less than two months away, on March 23rd.

## **24 HOURS IN THE CANYON**

In case you haven't read your emails, the club will again have a team entered in the 24 Hours in the Canyon Ride, which will take place on June 1st and 2nd. Ron A. is Captain of the team and would like to have all members join in the fun. If you can be part of the team, let Ron A. know as soon as possible.

## **Bicycle Texas Book**

There is a new book out about the best rides in Texas. Front shown below. While calling it a book is a bit much, (It is a small, multi-page pocket guide), it does have some useful information in it. Along with descriptions of some rides, including elevation profiles and difficulty ratings, it also lists bike shops, tours, and bike clubs. It's \$ 5.95 and is available by ordering from Great Texas Line Press, P. O. Box 11105, Fort Worth, TX 76110, 1-800-73TEXAS, [www.greattexasline.com](http://www.greattexasline.com). With handling, postage, and tax, it'll cost you about \$ 11.00.



## THE DARK SIDE—RANDONEERING

Have you ever heard of Randoneering? Well, if not, randoneering is long-distance, unsupported endurance cycling, (think 700 miles plus). Probably the closest a club member of ours has come is Richard's "Ride for Missions" attempt last October to ride from here to the Metroplex. Randoneering developed in Europe many years ago, but has devotees in the US, some even in Texas. The closest club to us appears to be in North Texas, the "Lone Star Randonneurs". Their web site, [www.lonestarrandon.org](http://www.lonestarrandon.org), has some interesting "tall tales" for reading. The following is just one excerpt from the tall tales for your reading pleasure or horror:

### The Mentor's Ride

By George Evans (Feb. 07)

Cold start for my first 300K of the year. The wind held off until the temperature warmed up above freezing. The first 25 miles were a breeze. A lot of downhill from Weatherford to Lipan. The heavy frost in the fields was pretty. I was warm wearing a couple of layers under a windbreaker. I put a pair of toe warmers inside my shoes that kept my feet toasty. After we got to Lipan someone turned on the big fans outside and everything changed. There was a stiff wind out of the south (the direction we were going, of course) and for the next 20 miles, we spent most of the time fighting it. Finally, we turned north and, what a change, having a big tailwind the next 9 miles to the stop at Gordon. North from Gordon, we headed up Apple Pie hill, which was not that hard with the tailwind. But then, the wind shifted to the southwest, which did not bode well. Once we got up the hill, the real fun began. The wind was really blowing, the area is very exposed, and there is a lot of climbing. By the time we reached a turn to the north, we were pretty beat up. From there to Graham was a nice ride with a good tailwind. After Graham, about 127 miles into the ride, the route back was mostly easy so we were feeling pretty good. After Graham, it was just up and down, before turning onto county roads back to Weatherford. I was awfully slow going up the short, steep hills, but after 175 miles, you have to expect some slowing down. A quick run through Weatherford and we were done. (186 miles in one day)! Phew!

## RIDING GOALS (Only 6 weekends remain)

MEMBER	GOAL	MILES	% OF GOAL	% OF YEAR 89.31%
Ron Appling_____	3500	2214.85	63.28 %	
Sandra Aven_____	500	233	46.6 %	
Carolyn Baker_____	500	66.16	13.23 %	
Frances Barrera_____	500	191.52	38.3 %	
Jeff Earhart_____	1400	1902.2	135.87 % COMPLETED	
Tara Fox_____	1200	150	12.5 %	
Ramiro Gomez_____	2500	1578	63.12 %	
Randy Kaufman_____	1500	555	37.00 %	
Gabriel Martinez_____	2000	215.4	10.77 %	
Edgar Martinez_____	2000	265.4	13.27 %	
Guadalupe Martinez_____	2000	215.4	10.77 %	
Ross Schott_____	800	182.02	22.75 %	
Ed Self_____	1750	1542.3	88.1 %	
Phil Zolman_____	4200	2940	70.0 %	

Congrats to all riders for setting goals. If you have miles to report or corrections to be made, please let Mary Anna know by email to [REDACTED]

### HALE ON WHEELS/ HALE ON FEET

If you have heard rumors that there will not be a Cowboy Days celebration in 2013, those rumors are false. The Herald has assured the Chamber that they will again sponsor Cowboy Days, and there will be a bike ride and run this year. Linda Morris with the Chamber and our own Gabriel Martinez (for the ride) and Ron Appling (for the run) are already at work to make the 2013 edition the best ride and run yet. If you can help either Gabriel or Ron A., please let them know. Registration is now open at Active.com or BikeReg.com and the website, [www.haleonwheelsbikeride.com](http://www.haleonwheelsbikeride.com), has been updated. Check it out and make your plans to ride on Sept. 21, 2013.

Club Member	email	cell phone
Andrews, Brad		
Appling, Ron		
Aven, Sandra		
Aycock, Chase		
Baker, Carolyn		
Barrera, Frances		
Bertsch, John		
Bertsch, Kathy		
Carroll, Angel		
Carroll, Greg		
Carthel, Fonty		
Cherry, Lisa		
Earhart, Jeff		
Estrada, Tomas		
Fox, Tara		
Gomez, Ramiro		
Griffin, Les		
Hardage, Ashley		
Hardage, Carley		
Hardage, Stacie		
Hardage, Tim		
Henthorn, Adam		
Hernandez, Eugene		
Kaufman, Randy		
Lancaster, Andrew		
Luevano, Ernesto		
Marlar, Carl		
Martinez, Edgar		
Martinez, Gabriel		
Martinez, Guadalupe		
Martinez, Ofelia		
Montalvo, Martin		
Moralez, Yolanda		
Moreno, Hilario		
Nichols, Jack		
Porter, Richard		
Quintanilla, Ron		
Schott, Ross		
Self, Ed		
Self, Mary Anna		
Self, Mitchell		
Shaw, Rick		
Stewart, Kevin		
Zolman, Phil		